



<b>Policy 7.2</b>	<b>Employee Wellness Program</b>		
<u>Effective Date:</u> 2/28/12	<u>Applicable Law/Statute:</u> None	<u>Source Doc/Dept.:</u> None/HR	<u>Authorizing I.C. Sec.:</u> None
<u>Last Amended Date:</u>			

## **EMPLOYEE WELLNESS PROGRAM**

**7.2**

### **POLICY**

The County of DuPage Employee Wellness Program involves health related employee initiatives, education, periodic events and other wellness centered activities designed to improve overall health of the employees and decrease health costs. Most program offerings will be provided at little or no cost to employees

### **ELIGIBILITY**

- All full-time and part-time employees of DuPage County.

### **GUIDELINES**

1. The Human Resources Department, in conjunction with the Employee Health and Wellness Committee, will administer the program.
2. The Committee is comprised of employees representing a cross section of the employee population. More information on the program can be found at [http://dupage.dupageco.org/HR/index.cfm?doc\\_id=1221](http://dupage.dupageco.org/HR/index.cfm?doc_id=1221).